
Sahaj Marg Study Group

Set 6: Discipline

Introduction

Contents

The program has five sessions. It is ideally offered as a once a week meeting. Each session may be an hour long. Participants will be provided with photocopies of the study material. Each one is expected to read the material. One or two participants may be pre-selected to be the primary presenters for a session. The others may participate in the discussions. The moderators are expected to guide the discussion. The study material is a selection of talks given by Chariji from 'Principles of Sahaj Marg', 'Heart to Heart' and 'Salient Features of Sahaj Marg'.

The five sessions

1. What is discipline – (Salient Features of Sahaj Marg, Vol. 4).
2. Misunderstanding discipline – (Heart to Heart, Vol 5, Pages 60, 494, 508, 536; Principles of Sahaj Marg, Vol 7, Pages 11, 140; Salient Features of Sahaj Marg, Vol. 5).
3. Discipline, love & freedom.
4. Implement discipline – (Salient Features of Sahaj Marg, Vol. 4; Principles of Sahaj Marg, Vol. 7, Pages 7, 9).
5. Discipline & obedience – (Principles of Sahaj Marg, Vol. 7, Pages 14, 31-32, 194-194, 202; Principles of Sahaj Marg, Vol. 8, Page 24).